



Self-Determination Advisory Committee

MEMBERS

Ameen Ali

Margaret Barcelo

Molly Chen

Andrea Erickson

Aaron Hinojosa

Joseph Huang

Mercedes Ospina-
Manotas

Saniyyah
Rasheed

Aimee Delgado
(OCRA)

Sofia Cervantes
(SCDD)

May 14, 2019

Minutes

Attendees:

Ameen Ali

Andrea Erickson

Joseph Huang

Saniyyah Rasheed

Sofia Cervantes (SCDD)

Aimee Delgado (OCRA)

Absent:

Margaret Barcelo

Molly Chen

Aaron Hinojosa

Mercedes Ospina-Manotas

Staff:

Lucina Galarza

Lupe Magallanes-Angel

Tim Travis

Beth Johnson

The meeting was called to order at 6:04pm by Chair, Ameen Ali. A quorum was established.

1) Introductions

Introductions were made by Committee members, as well as by Audience.

2) Public Comment Period

There was discussion about who can be an Independent Facilitator. It can be anyone of the family's

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choosing, as long as they are not providing direct services. Parents of adult clients can be paid, but parents of minor children and spouses cannot be paid.

- There was also discussion that PCP or FMS vendors who are invited to participate at Meet & Greet meeting should stick to the topics under consideration at a particular meeting and should not discuss other services they might provide.

3) Review and Approval of April 9, 2019 SGPRC Local Advisory SDP Meeting Minutes

- M/S/C – Ms. Delgado/Mr. Huang. Motion carried. (See voting grid below.)

4) Status on Orientations to selected Families/Individuals and Current Status of Participants

- Tim Travis shared the following Program statistics:
 - Seven trainings for Self Determination Program for parents in English, Spanish, Korean, and Chinese.
 - Two trainings to Staff and Board of Directors.
 - Total of 64 parents/families have received training.
 - Ninety-three participants in Self Determination Program.
 - Thirty-two families voluntarily chose to disenroll from the program.
 - Three families moved to other Regional Centers.
 - One family moved into our catchment area.
 - Five families have not received training due to “life circumstances” but they are still interested in participating. They’ll be trained when they are ready.

- There's a call in to DDS about when new participants will be selected for the 32 who have disenrolled. By the end of June, DDS may have the date and time when this information will be available.
- Committee discussion also included the following:
 - Lottery system will be used to select participants to replace those who have disenrolled. We don't know when names of disenrolled will be removed.
 - Traditional services will remain an option as they are part of the Lanterman Act.
 - Families who disenrolled indicated so by letter and phone. This has been documented by Regional Center staff.

5) SCDD Statewide Self Determination Advisory Committee Meeting – held February 21, 2019 (Member Saniyyah Rasheed attended – Overview)

- Ms. Rasheed referred people to the minutes available from the statewide meeting. She asked if there were any questions or concerns. There were none. Ms. Rasheed said she had volunteered to attend the February meeting since there was no standing Committee chair at the time.
- Mr. Ali said the next statewide meeting is scheduled for June 10 in Sacramento. Ms. Cervantes shared that this meeting is attended by Committee chairs and that Mr. Ali will be contacted regarding the meeting.

6) Meet & Greet

- Meet & Greet meetings began last month. Parents were able to meet one another and to ask questions about the process.

Parents requested training in Person Centered Planning. Three people/agencies who do Person Center Planning were then invited to attend the May 14 Meet & Greet meetings at 10:30am and 5pm to answer parents' questions.

- Ms. Cervantes, SCDD, provided Person Center Planning training to English-speakers on May 7 and to Spanish-speakers on May 13.
- FMS providers and those close to becoming vendors are being invited to June's Meet & Greet to answer parents' questions.
- Families have also asked for a list of participants' names and phone numbers so they can network. If families are comfortable with this, they can sign up on the Self Determination Participant Network sheet. Information will be shared at next month's meeting with those wishing to participate.
- Families can use any FMS provider they want to use.
- The next Meet & Greet is on July 11 at 10: 30 am and 5pm. The Advisory Committee meeting will follow at 6pm. Parents have requested to have FMS vendors available.
- Topics for the July Meet & Greet will be chosen by the families. Families can email or call Hortencia Tafoya, Tim Travis or Lucina Galarza with topics.
- Westside Regional Center will host a Self Determination Fair on Sunday May 19 from 11 to 2pm.
- Ms. Rasheed volunteered to help parents who wish to be their own independent facilitator.

7) DDS Correspondence on Person Centered planning Expectations and Costs

- Ms. Galarza shared handout containing DDS FAQ website information. The document addresses that participants can request initial person-centered-planning services to assist them as

they transition into the SDP. It also discusses what is person-centered planning, as well as reviewing what families/ individuals should expect from the individual or organization providing person-centered planning services.

- One can sign up for automatic email updates at the DDS website.

8) Training on Person Centered Planning by SCDD – May 7 (English) and May 13 (Spanish) 10am

- Ms. Cervantes was asked by SGPRC to present a training on Person Centered Planning in both English and Spanish. Families requested this training. Training was open to selected participants.
- Ms. Galarza said approximately 35 people attended the first English-speaking session on May 7 and 23 attended the May 13 Spanish-speaking session.
- Another English-speaking session is planned for June 13. People can RSVP with Hortencia Tafoya.
- People who will serve as Independent Facilitators need to have Person Centered Planning training and know the principles of Self Determination. A certificate was provided to individuals attending this training.
- Ms. Galarza shared that a certificate will also be given to families who attended Self-Determination Orientation. This certificate can be used to prove to FMS that they have received training in the principles of Self Determination. Certificates will be distributed at next month's Meet & Greet and Advisory Committee meeting. Attendance at SCDD's Independent Facilitator training will also qualify.
- Ms. Rasheed asked if a parent will need certification if they choose not to be paid. Ms. Galarza said they will not.

- There will be additional eight-hour Independent Facilitator trainings – one is scheduled for Long Beach in June. Ms. Cervantes will bring flyers to the next meeting about additional meetings.
- Ms. Galarza shared that the Autism Society of L.A. received a grant to provide training. She will follow up on information about this. Ms. Rasheed asked if Independent Facilitator training provided by outside agencies will be recognized as acceptable. Ms. Cervantes shared that the law says an Independent Facilitator needs Person Centered Planning training and principles of Self Determination trainings, but it does not dictate by whom.

9) Future Topics

- CMS Final Rule – discuss types of services
- Discuss process used to document a family's request to disenroll from the Program.
- Use a skeletal plan of milestones reached/chronological steps taken as one progresses through the Program. It was suggested this would assist future participants in the Program.
- Vendor rates and access to them.
- Invite speaker (parent or individual served) from early Pilot program to share at a future meeting (possibly Meet & Greet or Advisory Committee meeting). Ms. Galarza to check with ELARC on speakers. Maria Marquez, chairperson of the State Advisory Committee, was also mentioned as a possible speaker. It was pointed out that we've had Pilot participants share at previous Advisory Committee meetings.

10) Second Public Comment Period

- Grandparent of participant shared that he's looking forward to June Person Centered Planning training.

- Parent asked if it would be possible to get a single list of all upcoming trainings. Ms. Galarza said she'll have the list available at next month's meeting.

11) Next Meeting – Tuesday, June 11

- Meeting was adjourned at 7:18pm

Motions – Members Voting Grid

Item 3: Motion to approved April 9, 2019 SGPRC Local Advisory SDP Meeting Minutes			
M/S/C – Ms. Delgado/Mr. Huang. Motion carried.			
Voting members present	Yes	No	Abstained
Ameen Ali	√		
Aimee Delgado	√		
Andrea Erickson			√
Joseph Huang	√		
Saniyyah Rasheed			√