

SAN GABRIEL/POMONA REGIONAL CENTER

DEVELOPMENTALSERVICES, INC.

Minutes of the Meeting of the Client Services /Advisory Committee

September 23, 2020

A regular meeting of the Client Services/Advisory Committee was held on Wednesday, August 26, 2020. The following committee members were present at said meeting:

PRESENT

Mary Soldato
Pretti Subramaniam
Shannon Hines
Sheila James
Ardena Bartlett
Julie Lopez
Sherry Meng
Jenny Needham
Herminio Escalante

STAFF:

Anthony Hill
Lucina Galarza
Aaron Christian
Joe Alvarez
Carol Tomblin
Amos Byun
Eliza Herzog
Erika Gomez
Lisa Brady

GUESTS:

Gisele Ragusa
Sam Yi

ABSENT:

Victor Guzman
Daniel Clancy
David Grisey (LOA)
John Randall
Ning Yang
Louis Jones

ITEMS DISCUSSED

A. CALL TO ORDER

Shannon Hines called the meeting to order at 6:02 pm
A quorum was established.

The minutes of the August 26, 2020 meeting were approved with the following changes: Shannon Hines called the meeting to order at 6:02pm and Ardena Bartlett was not present.

M/S/C (James/Subramaniam) The committee approved the minutes.

Abstain: Bartlett

B. PUBLIC COMMENT – None

C. CLIENT ADVOCATE – Elisa Herzog spoke about the following:

- Census deadline is September 30, 2020

- Election Day Options for individual with disabilities
- Abilities Virtual Experience
- Center for Healthcare Rights – Medicare Open Enrollment

D. SPECIAL PRESENTATION - “Signs & Symptoms of Mental Health Conditions”

Joe Alvarez, Director of Clinical Services, spoke about the following issues

- Depression and Anxiety
- Counseling and Hotline Resources
- Managing Stress with Covid-19
- Self-Destructive Behaviors
- Coping Skills and Exercises
- Signs and Symptoms of Mental Health
- Treatment Strategies
- Anxiety Disorders

E. FUTURE TRAINING TOPICS – The committee asked that the Covid 19 update be shortened and that there start to be monthly trainings. The committee agreed on the following training topic:

- **October 28, 2020 – Community Outreach: Parenting Black Children**

F. BOARD BYLAWS – After the recommended changes are made, the Board will review the amendments and will vote on the Bylaws, possibly in October.

G. SELF DETERMINATION - There are biweekly meetings. SG/PRC staff resumed “meet and greet” sessions. The session was offered in Spanish this month. SG/PRC is also having Self Determination clinics for staff.

H. COVID-19 DIRECTOR’S REPORT -Anthony Hill, Executive Director
Due to the time constraint this area was not reported on.

I. ADJOURN

Chairperson Shannon Hines adjourned the meeting.

The next Client Services/Advisory Committee meeting is scheduled for Wednesday, October 28, 2020 via videoconference.