SAN GABRIEL/POMONA REGIONAL CENTER DEVELOPMENTALSERVICES, INC.

Minutes of the Meeting of the Client Services /Advisory Committee March 24, 2021

A regular meeting of the Client Services/Advisory Committee was held on Wednesday, March 24, 2021. The following committee members were present at said meeting:

PRESENT	STAFF:

Pretti Subramaniam

Shannon Hines

Mary Soldato

Herminio Escalante

Julie Lopez

Anthony Hill

Lucina Galarza

Daniela Santana

Erika Gomez

Elisa Herzog

Johnny Pang

Willanette Satchell Erika Gomez

GUESTS:

None

ABSENT:

Victor Guzman Daniel Clancy

David Grisey (LOA)

John Randall
Sherry Meng
Ning Yang
Louis Jones
Sheila James
Jenny Needham
Ardena Bartlett

ITEMS DISCUSSED

CALL TO ORDER

Shannon Hines called the meeting to order at 6:06 pm A quorum was not established.

The minutes of the January 27, 2021 and February 24, 2021s meetigs were tabled.

<u>PUBLIC COMMENT</u> – None

<u>CLIENT ADVOCATE</u> – Elisa Herzog was not present.

SPECIAL PRESENTATION – Signs and Symptoms of Mental Illness

Lucina Galarza, Director of Community Services, shared about the following:

- Statistics
- Depression
 - Public Figures who have/had Depression
 - o DSM 5 Symptom for Depression
 - o Presentation for someone with IDD
 - Treatment and Strategies
 - o What symptoms of depression might look like for a person with IDD
- Bipolar Disorder
 - o Public Figures who have/had Bipolar
 - o DSM 5 Symptoms of Mania
 - o Presentation in someone with IDD
 - Treatment Strategies
- Schizophrenia and other Psychosis
 - o Psychosis
 - o Public Figures who have/had Psychosis
 - Types of Psychosis
 - o DSM 5 Symptoms of Schizophrenia
 - Presentation in someone with IDD
 - Treatment Strategies
- Anxiety Disorders
 - o Public Figures who have/had Anxiety Disorders
 - o Types of Anxiety Disorders
 - o DSM 5 Symptoms of Generalized Anxiety Disorder
 - o Presentation in someone with IDD
 - Treatment Strategies
- Personality Disorders
 - o Public Figures who have/had Personality Disorders
 - o Types of Personality Disorders
 - o DSM 5 Symptoms of Borderline Personality Disorder
 - o Presentation in someone with IDD
 - o Treatment Strategies

<u>FUTURE TRAINING TOPICS</u> –The committee agreed on the following training topics:

- April 28, 2021 What is Family Home Agency?
- May 26, 2021 CAL ABLE
- June 23, 2021 Dental Desensitization Program

BEHAVIORAL INTERVENTION POLICIES

The committee reviewed the policies last year but when Covid 19 hit, the committee did not present it to the Board for approval. This agenda item was tabled. It will be reviewed at the next meeting.

SELF DETERMINATION

The Self Determination Program is set to open up for all as on June 7, 2021. Tonight, after this meeting, the Board of Directors will receive a presentation on the Education Spectrum. On the SG/PRC website there is a learning module available. The State gave this program \$77,000 and \$40,000 was allocated for Education Spectrum. There are meetings on the second Tuesday of the month and in April, it will be decided where the remainder of the money will go.

DIRECTOR'S REPORT - Anthony Hill, Executive Director

Mr. Hill, Executive Director and staff shared the following:

- Intake and Early Start assessments are operating fully.
- Vaccine Place of Distribution
 - o SG/PRC will become a testing site. The soft rollout is scheduled for April 7, 2021.
 - Los Angeles County will use SG/PRC as a vaccine site on April 8, 2021.
 - Staff are working with Albertson's Pharmacy for the possibility of hosting a vaccine clinic.
 - Staff are working with Western University; they will provide links a couple of days before being released to LA county.
 - Staff have asked Cal Poly for prioritization with vaccine links and have offered SG/PRC to be vaccination site.
- COVID -19 Report Joe Alvarez provided individual stats on COVID-19; spoke about the trends of positive and negative cases.

ADJOURN

Chairperson Shannon Hines adjourned the meeting.

The next Client Services/Advisory Committee meeting is scheduled for Wednesday, April 28, 2021 via videoconference.