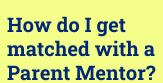


Matching SG/PRC Parents with a Mentor who understands the unique challenges of being a parent to an individual with special needs.

A special project brought to you by San Gabriel/Pomona Regional Center in collaboration with Alma Family Services.









Please contact Josefina Martinez, Community Outreach Specialist (909) 710-8817 or email at jmartinez@sgprc.org

## Parent Mentors Can Help With...



- Increasing your knowledge of Purchase of Service (POS), Generic Services and Community Resources.
- Identifying how to increase the utilization of secured services.
- Understanding the role of the service coordinator to strengthen support and advocacy.
- Preparing for the Individual Program Planning (IPP) meeting.
- Learning organization & record-keeping strategies for better advocacy.
- Accessing information to support life stages/transitions and family dynamics.
- Assist to develop a parent support system.
- Supporting parents to define and overcome the barriers affecting access to services.

