



# THE PARENT MENTOR INITIATIVE

**Matching SG/PRC Parents with a Mentor who understands the unique challenges of being a parent to an individual with special needs.**

**A special project brought to you by San Gabriel/Pomona Regional Center in collaboration with Alma Family Services.**



San Gabriel / Pomona  
Regional Center



## Parent Mentors Can Help With...



- Increasing your knowledge of Purchase of Service (POS), Generic Services and Community Resources.
- Identifying how to increase the utilization of secured services.
- Understanding the role of the service coordinator to strengthen support and advocacy.
- Preparing for the Individual Program Planning (IPP) meeting.
- Learning organization & record-keeping strategies for better advocacy.
- Accessing information to support life stages/transitions and family dynamics.
- Assist to develop a parent support system.
- Supporting parents to define and overcome the barriers affecting access to services.

**How do I get matched with a Parent Mentor?**



Please contact  
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