



San Gabriel / Pomona  
Regional Center

**TAC**

THE  
ADVOCACY  
CONNECTION

For adult individuals served by SG/PRC creating opportunities for self-advocacy, engaging with peers, and learning about important resources and hot topics to develop, grow, and thrive!

**Still feeling thirsty or hungry even after eating?  
Do you suffer from fatigue or blurry vision?  
Do you have pain or numbness in your hands or feet?**

# Diabetes Awareness

Join us to learn about common myths, complications, & techniques for proper care of Type 1 & Type 2 diabetes



**Presented By  
Joan Willams, RN, MSN/CNS PHN  
SG/PRC Nurse Advocate**

**Thursday,  
May 23, 2024  
5:00 PM – 6:00 PM**

**Click Here To Join Us On Zoom!**  
<https://sgprc-org.zoom.us/j/89369285120>

Meeting ID: 893 6928 5120  
(No RSVP and No Zoom Password Required)

For more information,  
please contact:  
**Elisa Herzog**  
Advocacy Laison  
To Individuals Served  
**(909) 710-8190**  
[Eherzog@sgprc.org](mailto:Eherzog@sgprc.org)





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## 2024 TRAINING CALENDAR

4 <sup>th</sup> Thursday of the month:	Topic:	Presenter:
January 25, 2024 5:00 p.m.	Housing Rights	Lisa M. Cipres Housing Specialist (909) 710-8836 <a href="mailto:lcipres@sgprc.org">lcipres@sgprc.org</a>
March 28, 2024 5:00 p.m.	<b>The New Lanterman Appeals Process</b> <i>(formerly known as Fair Hearing Process)</i>	Daniel Ibarra Manager, Appeals & Resolution (909) 710-8818 <a href="mailto:dibarra@sgprc.org">dibarra@sgprc.org</a>
May 23, 2024 5:00 p.m.	Diabetes Awareness	Joan Williams, RN, MSN/CNS PHN Nurse Advocate (909) 710-8809 <a href="mailto:jwilliams@sgprc.org">jwilliams@sgprc.org</a>
July 25, 2024 5:00 p.m.	HCBS Final Requirements	Tim Travis Associate Director, Community Services (909) 710-8831 <a href="mailto:ttravis@sgprc.org">ttravis@sgprc.org</a>
September 26, 2024 5:00 p.m.	<b>Office Of Clients' Rights Advocacy Disability Rights California</b>	Aimee Delgado OCRA, Clients' Rights Advocate (909) 595-4755 <a href="mailto:Aimee.Delgado@disabilityrightsca.org">Aimee.Delgado@disabilityrightsca.org</a>
November 21, 2024 5:00 p.m. <i>(moved up 1 week because of Thanksgiving holiday)</i>	Emergency Preparedness	Suyan Carcedo, M.S. Emergency Management Coordinator (909) 710-8513 <a href="mailto:scarcedo@sgprc.org">scarcedo@sgprc.org</a>

**For questions, please contact SG/PRC Advocacy Liaison, Ms. Elisa Herzog  
at (909) 710-8190 or [ehertzog@sgprc.org](mailto:ehertzog@sgprc.org)**