



San Gabriel / Pomona
Regional Center



SOCIAL RECREATIONAL SERVICES

Services and supports for individuals served by the regional center that provide integrated participation within community settings.

BENEFITS:

- Improved confidence:
- Encouraged independence
- Fostered mental wellness:
- Emotional stability
- Increased physical health
- Establishment of friendships
- Expansion of circles of support
- Diverse circles of friends



These services and activities are intended to develop social skills, create social connections, enhance physical health, and provide integrated participation into the community.

POSSIBLE SERVICES:

- Swimming
- Gymnastics
- Sports club
- Dance classes
- Martial arts
- Creative arts
- Music therapy
- Art therapy
- Equestrian therapy
- Day camp
- Overnight camp
- Community integration activities

**For more information, please contact
your Service Coordinators at (909) 620-7722**